



Sandwiches & Wraps

Chicken Chorizo Wrap 6.8

Thyme & honey glazed chicken & chorizo, sweetcorn, jalapeño & smoked sun dried tomato relish, fresh rocket.

Pulled Pork Baguette 6.8

Pulled pork, carolina gold dressing, slaw mix, french baguette

Katsu Chicken Baguette 6.5

Breaded chicken breast, katsu mayonnaise, baby gem lettuce, sesame red cabbage, french baguette

Halloumi Wrap 5.6

Grilled halloumi, lime and corriander mayo, carrot & red cabbage, tomato salsa & harissa, fresh rocket

Cauliflower & Hummus Wrap 6.4

Ras el hanout pulled king oyster mushroom, smoked lentils, red onion jam, fresh rocket

Philadelphia Toastie 6.8

American style mustard, sliced salt beef, Monterey Jack, sauerkraut, sliced dill pickles, sourdough.

Cheese & Ham Toastie 5.5

Houghton ham, vintage cheddar, buttered sourdough

Cheese & Pickle Toastie 5.0

Vintage cheddar, Pickle, shallots buttered sourdough

Smoked Salmon Bagel 6.5

Cream cheese, market leaves, smoked salmon multi seed bagel.

Bacon Bap 5.0

Glazed bacon, garlic mayonnaise, tomato, lettuce, soft bun.

Salad Boxes

Poke Bowl 8.5

Ponzu and coriander quinoa, with market veggies, edamame, black sesame, micro corriander, tofu, sriracha

Truffle Pesto Pasta 7.0

Fusilli pasta with peas, dressed in a truffle basil pesto, with rocket, pecorino cheese and roasted hazelnuts

See display for salad of the day 5.0

Breakfast Pots

Cherry & Almond Oats 4.0

Coconut milk oats, cherry jam, almond praline, flaked almonds, chai spice

Chia Pot 4.0

Coconut hia seed pudding, mango jam, fresh lychee, banana chips

Yoghurt & Granola 4.0

Coconut yoghurt, cherry jam, crunchy caramelised granola

Coffee

Espresso 2.2

Macchiato | Cortado 2.4

White Americano | Long Black 2.5

Flat White 2.5

Latte 2.7

Cappuccino 2.7

Mocha 2.8

Dirty Chai 3.2

Extras

Large, Decaf, Alternative milk, Iced, sryup 0.5

Chai Latte

Spiced | Vanilla 3.0

Hot Chocolate

Mayan Chilli | Peppermint | Dark | Deluxe 3.0

Wellness Latte

Matcha | Turmeric 3.0

Good & Proper Tea

Loose Leaf 3.0

Takeaway 2.2

English Breakfast | Earl Grey | Chamomile

Mint | Jade (Green) | Lemongrass

Berry & Hibiscous | Rooibos

Organic Bottles & Cans

Ginger Lemonaid | Cherry Soda 3.5

Cucumber seltzer | Blueberry Kombucha

Ginger Jarr Kombucha 4.2

Freshly Squeezed Orange Juice 4.0

Plant-based Vegetarian
Non gluten containing ingredients

Please inform the team before ordering if you have any allergies